

MY Parents



Our parents work hard for our happiness. It is our duty to obey them. Now, write what your father and mother do for you.

<i>My Father</i>	<i>My Mother</i>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.

Now, write down how you help your parents.

<i>For My Father</i>	<i>For My Mother</i>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.

LET'S

Be Friends

Paste the
picture of your
friend.

A good friend is the one who helps us in difficulties. Every one of us want to have some good friends. But to have a good friend, we have to make ourselves good.

A. Tick (✓) the qualities that you like in your friend. He / She should

1. Come to school in a fancy car.
2. Always agree with you.
3. Helps you to make fun of other children in the class.
4. Should be a kind human being.
5. Always takes your side even when you are wrong.
6. Be a good listener.
7. Have a good sense of humour.
8. Bring chocolates and other gifts for you.
9. Concerned about the environment.
10. Gives you good advice.

B. Now, write your good qualities which prove that you are a good friend.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Are You A Responsible Person?

Ch-3

Here are 10 different children. Each one is either responsible or irresponsible. Tick (✓) the correct option.

1. Manya always held her little sister's hand when she took her for a walk. She is _____.
Responsible Irresponsible
2. Manvi was said to set the table by her mother but she went outside to play. She is _____.
Responsible Irresponsible
3. Akshat found a 500 rupees note on the floor. He gave it to his mother. He is _____.
Responsible Irresponsible
4. Naveen said that he would be home by 5:00. He came home at the same time. He is _____.
Responsible Irresponsible
5. Abhinav saw that the shirt of his father has fallen on the ground. But he did not took it and passed away to another room. He is _____.
Responsible Irresponsible
6. Harshit took good care of his pencil so he never lose it. He is _____.
Responsible Irresponsible
7. Aryan threw his trash paper on the floor. He is _____.
Responsible Irresponsible
8. Prashant tasted her mother's cough medicine though he has not cough. He is _____.
Responsible Irresponsible
9. Mother asked Peter to give the dog his supper. Instead, Peter gave the dog only a drink of water and left. He is _____.
Responsible Irresponsible
10. Dad phoned Manasvi to say that he would be late for dinner. Manasvi tell her mother at once. She is _____.
Responsible Irresponsible

Sometimes in our life such type of condition arrives when we have to take decision and do something at once. This condition is called as Emergency.

Given below are some of such conditions. Number the steps correctly in each condition.

1. For minor burns

- a. Dip a piece of cloth in a solution of baking soda and use it as a wet compress.
- b. Apply an antiseptic ointment over the burn.
- c. Put the affected area under the running water.

2. In case of a dog bite

- a. Apply an antiseptic ointment.
- b. Wash the wound with soap and water.
- c. Take the victim to a doctor.

3. In case of fainting

- a. Make the patient lie on his / her head forward.
- b. Put a piece of wet cloth on the patient's face.
- c. Loosen the tight clothes that the patient is wearing.

4. In case of a nose bleeding

- a. Ensure the patient keeps sitting till the bleeding stops.
- b. Keep wet cloth over the nose. Ask him/her to breath through mouth.
- c. Ask the patient to lean his / her head forward.

5. For minor cuts and scratches

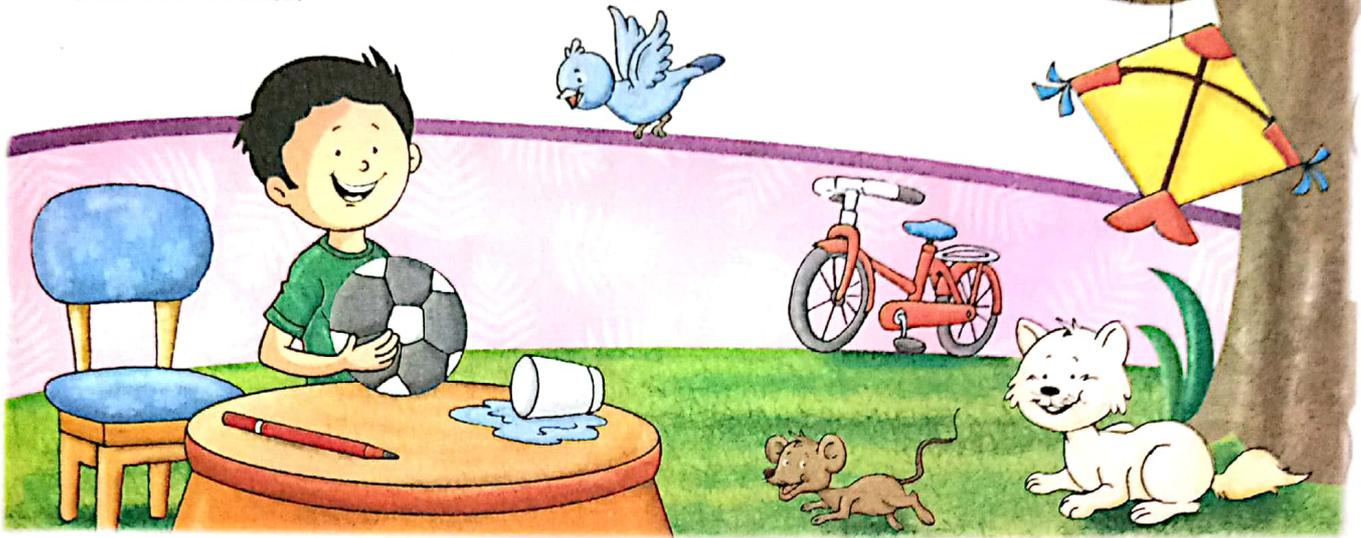
- a. Clear the wound with cotton wool soaked in an antiseptic lotion.
- b. Wash the wound with clean water.
- c. Wrap a sterile gauge around the affected area.

Amazing Fact
Earle Dickson invented the band-aid in 1920.

Creativity

Ch-5

Creators like to compose music, write books and interpret the world in new ways. Are you a creator? If yes, then mark the answers and analyse your answers with the teacher.



1. Do you respect other's ideas?

Yes

No

7. Do you like to use your imagination?

Yes

No

2. Do you make pictures or words in your mind when you are free?

Yes

No

8. Do you like to make up new ideas?

Yes

No

3. Do you like to take ideas and make up songs, artworks or stories about them?

Yes

No

9. Are you good in any of art, music, writing stories, poetry?

Yes

No

4. Do you enjoy music and plays?

Yes

No

10. Do you like to try new things?

Yes

No

5. Do you often decide things without looking at the facts?

Yes

No

11. Can you communicate with people by doing something in music or art?

Yes

No

6. Are you a self-starter?

Yes

No

12. Do you like to see different people in different places?

Yes

No

First AID

Ch-6

First aid is the immediate help or treatment of a sick or injured person before the arrival of an expert doctor or an ambulance. It may save the condition of a patient before becoming it more serious.

The aims of first aid are to :

- Preserve the victim's life.
- Prevent worsening of the condition.
- Promote the victim's recovery.



Basic First Aid Tips

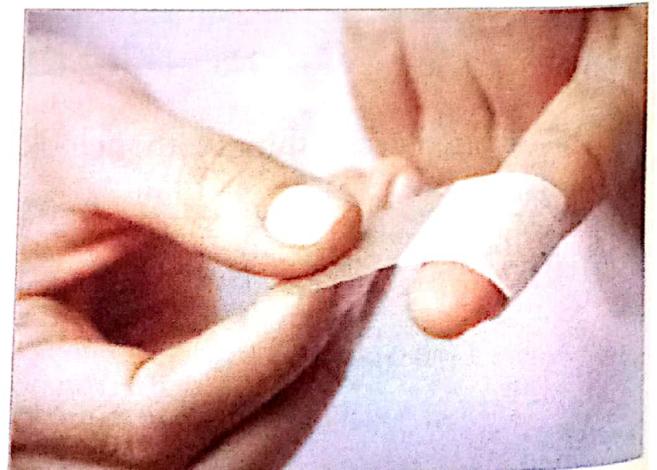
In Case of Burn

- Minor burns can be treated with cool running water or compress.
- Seek a medical professional if blistering occurs.
- Antiseptic spray can provide relief of sunburn or minor burns temporarily.



In Case of Bleeding

- Pressure should be applied with a towel or gauze until it stops bleeding.
- Minor cuts and scrapes should be treated with hydrogen peroxide.
- Sealing it with a band-aid. Antibiotic ointment can reduce the chance of infection.



In Case of Bites and Stings

- Ice or cold compress should be applied immediately.
- Remove any sting if possible.
- Antihistamine cream should be applied to the site.
- Benadryl should be administered by both.
- Elevate the location of the bite or sting.
- Seek a medical professional for treatment for any side-effects such as shortness of breath or swelling.



In Case of Sprains

- Apply a cold compress or ice immediately to help swelling off and on.
- Talk to a medical professional as soon as possible to prevent further damage.
- Elevate arms or legs to help swelling.

Poison Plants and Rashes

- Wash contact area immediately. (Take care to use gloves if possible, if not wash hands as soon as possible.)
- Antihistamine cream or hydrocortisone should be placed on the site.
- Take benadryl by mouth.
- If the condition of victim continues to decline, seek a medical professional.



REASONING SHEET

1. Fill in the missing number to complete the grid.

(a) 20

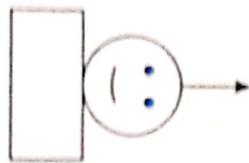
(b) 30

(c) 25

(d) 31

22	27	26
29		21
24	23	28

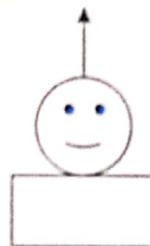
2. What would be the figure, if the first one is rotated anticlockwise by an angle of 270° ?



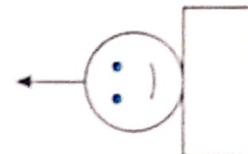
(a)



(b)



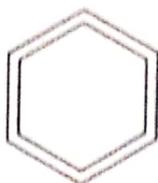
(c)



(d)

3. Five figures are given below in each set. Four of them are either similar in some way or they form a series. One figure is different. Find the odd one out.

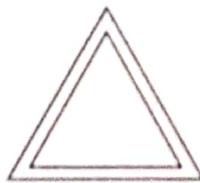
A.



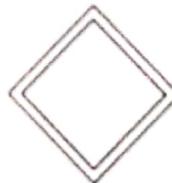
(a)



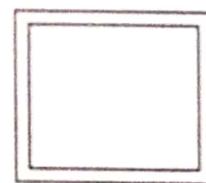
(b)



(c)



(d)



(e)

B.



(a)



(b)



(c)



(d)



(e)

GREEN Doctors

Ch-7

Plants not only provide us food and shelter but also give many more things. There are a lot of plants that provide us valuable medicines. This is the reason that they are known as green doctors of the nature.

A. Write the names of the following herbs by reading their descriptions and identifying their pictures.



_____ is the herb that is used for the treatment of all types of extra growths in the body, specially recommended for extra growths in thyroid.



_____ is a special herb which nourishes the eyes, hairs and indicated in hoarseness of voice.



The _____ is highly aromatic and antiseptic as it is used as an condiment and as a yellow dye.



_____ also known as spogel seeds, is recommended for proper working of the digestive system.



_____ also known as margosa tree is one of the best healer for wounds and useful in skin diseases.



_____ is an Indian medicinal tree that is used in the digestive and skin related problems.



_____, a herb that spreads on ground, is useful for treating the diseases of the brain and to improve memory power.



_____, a small or medium sized shrub, is used also to treat general weakness and rheumatism.



Commonly known as _____, this plant can be snapped off and placed on cuts and burns for immediate relief.



_____ is a medium sized deciduous tree. Its fruit is regarded as a digestive, carminative, laxative, anti-pyretic and tonic.

B. Unscramble these famous Indian food crops names.

1 _____
ocrn

2 _____
amize

3 _____
tocton

4 _____
awhet

5 _____
ceri

6 _____
liltem