

# Do You Want Success?

## Ch-1

Each of us want to live a productive, successful and happy life. But how? Here are few things that we should always follow to get success in life.

1. First of all, remove all negative thoughts from your mind and keep only positive ones.
2. Make a definite object. It provides you a vision and purpose, and will give you an aim for life.
3. Use your imagination power and allow new ideas to come in your mind. Keep all your options open always.
4. Manage your time perfectly. It is very important to achieve your objective successfully. It will help you to complete your goal in time.
5. Keep confidence in yourself and interact with people like you and you know them from a long period.
6. If you are polite, it means that you have won half battle. Respect your elders. This reflects what type of a person you are. Everyone will attract towards you and give you respect.
7. Make an action plan and do all your efforts to complete the task. It provides a moral strength to you in future also.
8. Learn your lesson and improve your weak areas.

Ch-2

# our Green World

Do you like an eco-friendly life? Read the statements given below and tick (✓) the right option.

1. Which is the alternative to a plastic water bottle?
  - a. Metal water bottle
  - b. Paper cup
  - c. Plastic cup
  - d. None of the above
2. What should you do with your computer when you're not using it?
  - a. Leave it on.
  - b. Turn it off and leave the electric switch on.
  - c. Turn it off and unplug it.
  - d. Put it on sleep mode.
3. When should you turn off the switch of light?
  - a. When you enter the room.
  - b. When you leave the room.
  - c. Keep it off always.
  - d. Keep it on always.
4. Why should we grow plants?
  - a. To keep our surroundings green.
  - b. To make our surroundings beautiful.
  - c. To make the air of our surroundings fresh and clean.
  - d. All of these
5. Which of the following is not a renewable energy source?
  - a. Petroleum
  - b. Water
  - c. Sun
  - d. Wind
6. What should you do with old machinery when it become useless?
  - a. Throw them away in the garbage collection bin.
  - b. Break them and use their useful parts, then throw the rest away.
  - c. Burn them.
  - d. Recycle them properly.

7. Where should we put a gas cylinder?
- a. In the living room  b. Near the electric switches
- c. In kitchen  d. In the bathroom
8. Where should we put the fruits and vegetable peels?
- a. In the open  b. Dump in the soil
- c. Throw in the water  d. Put in a corner
9. What should you do with paper products like newspaper, magazine, etc. when you have read them?
- a. Recycle them only when it's convenient for you
- b. Always recycle them
- c. Throw them away
- d. Burn them
10. Where should we put organic wastes?
- a. In a compost bin
- b. Throw in the open
- c. Throw in the nearby water body
- d. Throw in the dustbin
11. What kind of bags should we use when we go for shopping?
- a. Plastic bags
- b. Clothes bags
- c. Paper bags
- d. Metal pots
12. What should you do with your old clothes?
- a. Donate to poor people
- b. Throw on the road
- c. Throw in the garbage
- d. Put in the corner



**BE A LEADER**

Leadership has been described as— A process of social influence in which a person can enlist the aid and support of others in the accomplishment of a common task.

To be a good leader one must possess the following traits :

**Vision**

Great leaders have great vision. They can see into the future. They have a clear, exciting idea of where they are going and what they are trying to accomplish and are excellent at strategic planning.

**Courage**

Courage means that they are willing to take risks in the achievement of their goals with no assurance of success. Because there is no certainty in life or business, every commitment they make and every action they take contains a risk of some kind.

**Communication**

One cannot be a leader if he/she does not mix with others. One must always be ready to talk with others in his/her team.

**Decision Making**

A good leader takes bold decisions and stick by them. Sometimes, they may not work, but most often they come to be good decisions.

**Dedication**

It means spending whatever time or energy is necessary to accomplish the task at hand.

**Creativity**

Creativity is the ability to think differently. Creativity gives leaders the ability to see things that others have not seen and thus lead followers in new directions.

Ch-4

# Recycling

Recycling means the process of collecting used materials which we usually consider as 'waste' and reprocessing them. In recycling, used materials are sorted out and then processed to be used as 'raw materials'.

- It saves energy.
- It saves our natural resources.
- It saves space for waste disposal.
- It reduces the pollution.

Test your knowledge about recycling by solving the following quiz. Read the statements given below and tick (✓) the correct option.

- Which of the following cannot be recycled?
  - Milk
  - Plastic water bottles
  - Paper bags
  - Rubber tyre
- If you recycle paper, which thing you can save?
  - Lion
  - Man
  - Tree
  - Ant
- How many times can plastic be recycled?
  - Once
  - Two times
  - Cannot recycled
  - Many times
- Which of the following thing we cannot obtain by recycling the paper?
  - Paper
  - Paper bag
  - Hard board
  - Plastic
- By which ways can you help to save the earth?
  - Re-using plastic objects
  - Planting trees
  - Recycling process
  - All of the above

# Valuing Yourself

Self-acceptance is a specific stage in self-discovery that occurs whenever we are willing to look at ourselves objectively (with the help of an adult). When we do, we will realise that our strengths far outweigh our weaknesses. Answer these questions to develop your positive self perception.

A. What four things do you like about yourself?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

B. What are your strengths?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

C. What activities can make you a better and stronger person?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

# CAREER Avenues

We can opt for any career option based on our personality, interest, values and skills. Recognise the following career based on the nature of work described and write the names of the professions in the blanks provided.

1. This profession involves advising clients about their legal rights, drawing up legal documents and representing client in courts and tribunals.

Name of the Profession .....



2. This profession involves reporting, writing, editing, photographing and broadcasting news items for print as well as the electronic media.

Name of the Profession .....

3. In this profession, a person entertains audience by playing songs and conveying messages related to music, traffic, weather, etc.

Name of the Profession .....



4. This profession involves promoting goods and services in order to optimise sales or levels of awareness through media.

Name of the Profession .....

# ACTIVITY

## Don't Wait Too Long

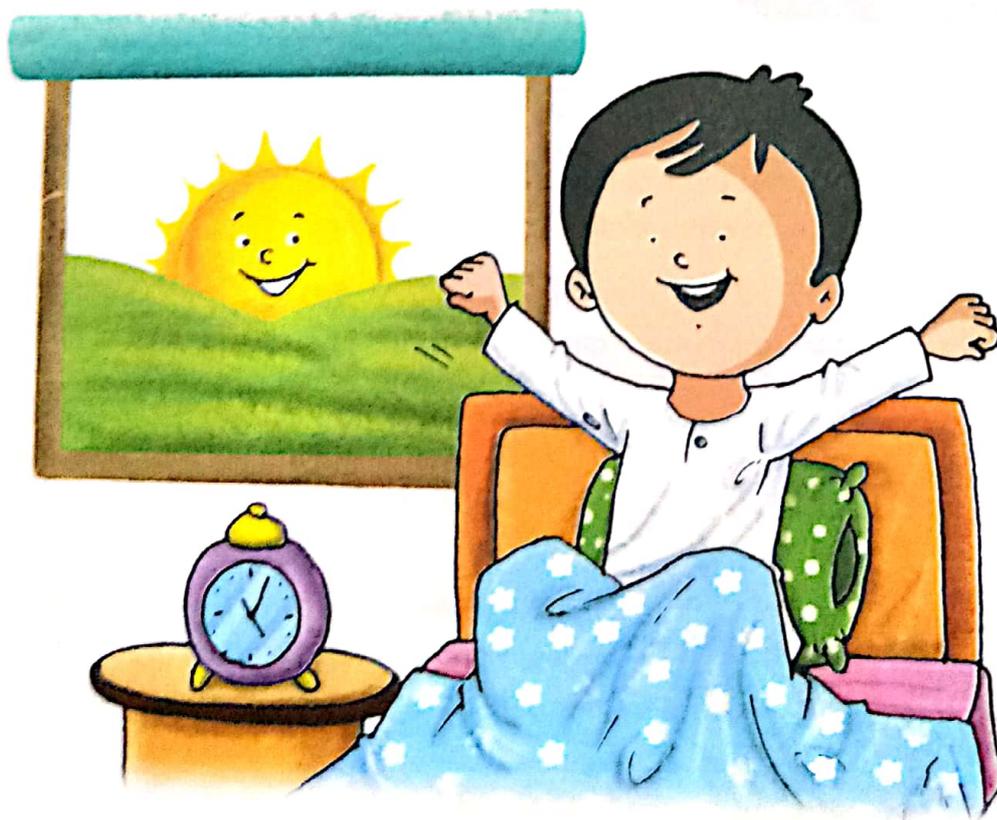
Once you have decided that there are some things about yourself that you would like to change, don't wait too long to start changing them! You may miss some golden opportunities because you aren't prepared. Instead, get started! In one column below, list some changes that you want to make.

Changes I Want To Make

Handwriting practice lines for the left column, consisting of seven sets of three horizontal lines (top, middle, bottom) for writing.

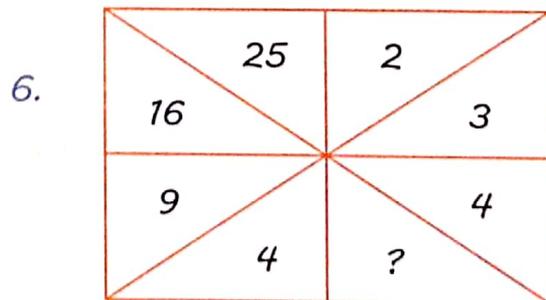
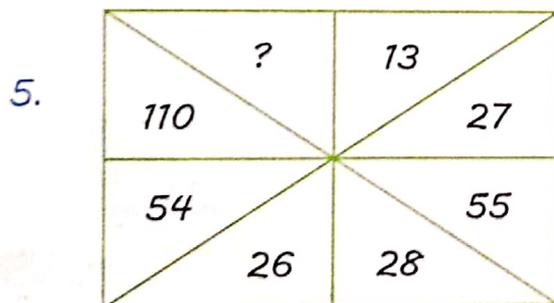
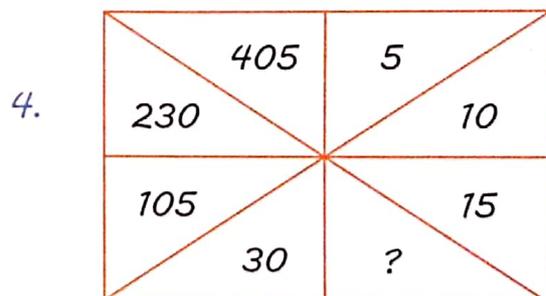
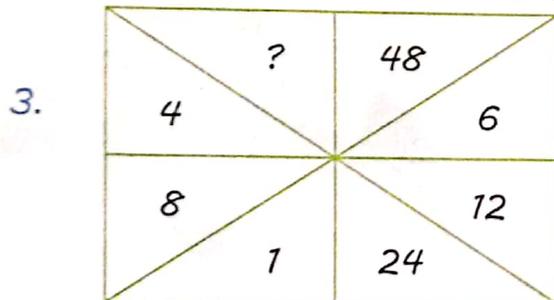
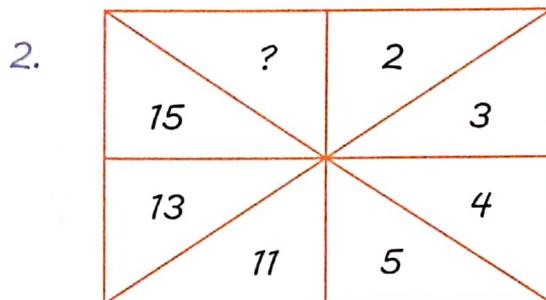
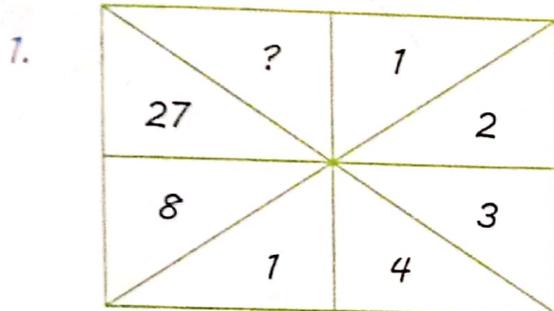
Steps I Want To Take,  
To Make The Changes

Handwriting practice lines for the right column, consisting of seven sets of three horizontal lines (top, middle, bottom) for writing.



# REASONING SHEET

A. Find the sequence and write the missing numbers.



B. Each fruit represents a separate number in this diagram. With the help of fruits and their totals find out the value of the following fruits.

$$\text{Apple} + \text{Apple} + \text{Apple} = 9$$

$$\text{Apple} + \text{Banana} + \text{Banana} = 6$$

$$\text{Banana} + \text{Banana} = 3$$

$$\text{Banana} + \text{Banana} = 4$$

1.  $\text{Apple} =$  \_\_\_\_\_

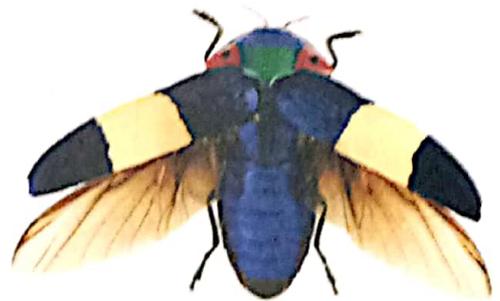
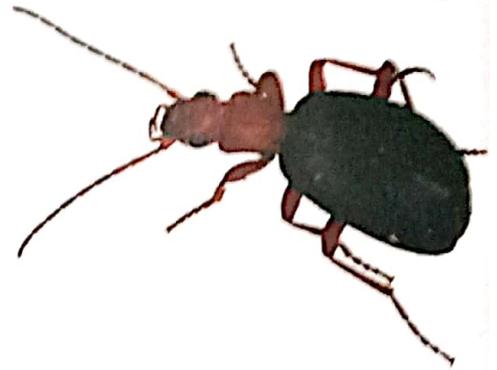
2.  $\text{Banana} =$  \_\_\_\_\_

3.  $\text{Banana} =$  \_\_\_\_\_

# WORLD OF INSECTS

Fill in the blanks to complete these sentences about some of the amazing insects of our world. You may take help from the help box.

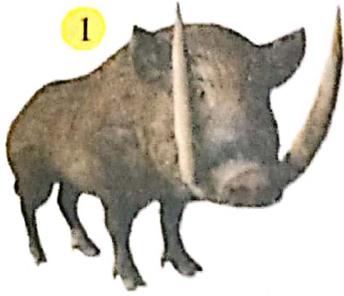
1. The \_\_\_\_\_ can survive at temperature as low as  $-60^{\circ}\text{C}$ .
2. The \_\_\_\_\_ is the world's longest insect that grows up to 30 cm long.
3. The \_\_\_\_\_ has 30,000 lenses in its each eye and has the sharpest vision of all insects.
4. The \_\_\_\_\_ is a migratory butterfly that can fly through very long distances.
5. The \_\_\_\_\_ ant captures the young ones of other ants and makes them its slaves.
6. The \_\_\_\_\_ oozes out a foul smelling substance from its body when threatened by a predator.
7. The \_\_\_\_\_ beetle has brilliantly coloured front wings.
8. The \_\_\_\_\_ fly can beat its wings as fast as 1000 times per second.
9. The \_\_\_\_\_ beetle shoots boiling chemicals from the top of its abdomen on its attackers.



## Help Box

- Dragonfly
- Monarch butterfly
- Stick insect
- Bombardier
- Midge
- Arctic beetle
- Slave maker
- Lady bird
- Jewel

Read the sentences carefully and name the animals shown in the picture by using the help box.



1

They are found in most of Africa south of the Sahara. They can live in areas without water for several months of the year.

\_\_\_\_\_



2

It is a large antelope of striking appearance with long, spear like horns.

\_\_\_\_\_



3

One of the most impressive antelopes found in East Africa.

\_\_\_\_\_



4

They are found in all regions, from dry savanna to rainforest. They are medium sized, burrowing, nocturnal mammal.

\_\_\_\_\_



5

Found in South America this sheep-like animal is raised for its long, silky wool.

\_\_\_\_\_



6

Although Cat like in appearance are not a cat but a member of the family Viverridae.

\_\_\_\_\_



8

The lesser galago, one of the smallest primates, about the size of a squirrel.

\_\_\_\_\_



7

It is the largest and heaviest forest antelope.

\_\_\_\_\_

Help Box

- Civet
- Bush baby
- Sable
- Llama
- Oryx
- Bongo
- Common Warthog
- Aardvark

# Amazing Animals